

COMMONWEALTH GAMES FEDERATION

Commonwealth Mens Equipped Benchpress Championships, Sun City (South Africa), 04-13.10.2024

SCORESHEET

Rnk	Lifters	d.o.b.	Team	BWT	IPF GL Cf.	Lot	1 Att.	2 Att.	3 Att.	Result	IPF GL	Pts
Open												
-59kg												
1.	Rathore Pranjali	22.07.98	IND	57,85	0,5052	2	140,0	142,5	147,5	147,5	74,52	12
2.	Kumar Kundan	26.12.94	IND	58,15	0,5019	1	135,0	135,0	135,0	135,0	67,75	9
-93kg												
1.	Kumar Pradeep	04.05.88	IND	83,60	0,3541	10	225,0	232,5	237,5	237,5	84,11	12
2.	Morgan Thomas	09.04.96	WAL	91,50	0,3340	8	222,5	230,0	240,0	230,0	76,81	9
3.	Taylor James	04.08.98	ENG	91,45	0,3341	9	205,0	215,0	215,0	205,0	68,48	8
4.	Marcelino Ruben	12.05.92	NI	92,20	0,3324	11	160,0	160,0	165,0	160,0	53,19	7
-105kg												
1.	Smith Adrian	17.10.95	ENG	102,60	0,3139	15	220,0	227,5	232,5	232,5	72,99	12
2.	Bell Josh	29.09.85	NI	96,80	0,3234	14	120,0	127,5	132,5	127,5	41,24	9
-120kg												
1.	Shaw Joseph	10.08.98	ENG	116,30	0,2975	22	255,0	255,0	255,0	255,0	75,87	12
2.	Ulla Arshad	04.05.88	IND	117,65	0,2963	20	230,0	237,5	237,5	230,0	68,14	9
3.	Masson Craig	26.11.81	RSA	119,20	0,2949	19	230,0	237,5	237,5	230,0	67,82	8
4.	Williams Andy	05.08.94	WAL	115,95	0,2979	21	190,0	190,0	215,0	215,0	64,04	7
120+kg												
1.	Bentley Garrett	26.10.88	CAN	139,75	0,2813	27	385,5	401,5	401,5	385,5	108,44	12
2.	Coggle Craig	30.01.86	ENG	152,40	0,2761	29	250,0	250,0	262,5	262,5	72,47	9
3.	Kelly Ryan	27.06.90	NI	150,50	0,2767	28	175,0	187,5	200,0	187,5	51,89	8

Team (points)

1.	India	42	[12+12+9+9]	294,51	IPF GL
2.	England	41	[12+12+9+8]	289,81	IPF GL
3.	Northern Ireland	24	[9+8+7]	146,32	IPF GL
4.	Wales	16	[9+7]	140,85	IPF GL
5.	Canada	12	[12]	108,44	IPF GL
6.	South Africa	8	[8]	67,82	IPF GL

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Bentley Garrett	Canada	139.75	385,5	108,4365	1
2.	Kumar Pradeep	India	83.60	237,5	84,1064	1
3.	Morgan Thomas	Wales	91.50	230,0	76,8103	2

Sub-Juniors

-66kg												
1.	Botha Ferde	26.06.06	RSA	64,40	0,4453	4	95,0	100,0	105,0	105,0	46,75	12
-93kg												
1.	Priddle Ashley	27.09.07	ENG	91,75	0,3334	7	87,5	95,0	110,0	95,0	31,67	12

Team (points)

1.	South Africa	12	[12]	46,75	IPF GL
2.	England	12	[12]	31,67	IPF GL

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Botha Ferde	South Africa	64.40	105,0	46,7527	1
2.	Priddle Ashley	England	91.75	95,0	31,6743	1

Juniors

1.	McAlpine Adam	23.08.01	NI	87,05	0,3446	6	230,0	242,5	242,5	230,0	79,25	12
120+kg												
1.	Anand Divyanshu	08.08.01	IND	138,40	0,2820	26	200,0	200,0	230,0	230,0	64,85	12

Team (points)

1.	Northern Ireland	12	[12]	79,25	IPF GL
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Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	McAlpine Adam	Northern Ireland	87.05	230,0	79,2479	1
2.	Anand Divyanshu	India	138.40	230,0	64,8506	1

Masters 1

-74kg												
1.	Shetty Santosh	01.06.79	IND	71,05	0,4038	5	130,0	140,0	150,0	140,0	56,53	12
120+kg												
1.	Breetzke Simon	06.03.78	RSA	155,30	0,2751	25	250,0	250,0	285,0	285,0	78,40	12
2.	Priddle Andrew	12.04.78	ENG	162,95	0,2729	24	145,0	152,5	152,5	152,5	41,61	9

Team (points)

1.	South Africa	12	[12]	78,40	IPF GL
2.	India	12	[12]	56,53	IPF GL
3.	England	9	[9]	41,61	IPF GL

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Breetzke Simon	South Africa	155.30	285,0	78,4021	1
2.	Shetty Santosh	India	71.05	140,0	56,5258	1
3.	Priddle Andrew	England	162.95	152,5	41,6122	2

Masters 2

-105kg												
1.	Dattaraya Binjwe Girish	01.10.71	IND	101,60	0,3154	13	90,0	110,0	120,0	120,0	37,85	12
-120kg												
1.	Ball Darren	17.08.70	ENG	119,65	0,2945	18	255,0	255,0	260,0	255,0	75,09	12
2.	de Beer Hermanus	15.04.70	RSA	112,15	0,3018	17	152,5	165,0	170,0	165,0	49,79	9
120+kg												
1.	Crain John	09.12.69	RSA	127,60	0,2883	23	160,0	225,0	237,5	160,0	46,13	12

Team (points)

1.	South Africa	21	[12+9]	95,93	IPF GL
2.	England	12	[12]	75,09	IPF GL
3.	India	12	[12]	37,85	IPF GL

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Ball Darren	England	119.65	255,0	75,0921	1
2.	de Beer Hermanus	South Africa	112.15	165,0	49,7921	2
3.	Crain John	South Africa	127.60	160,0	46,1349	1

Masters 3

-66kg												
1.	Hrynkow David	04.10.64	CAN	65,40	0,4380	3	82,5	90,0	90,0	82,5	36,14	12
-105kg												
1.	Khatana Rajkumar	01.01.59	IND	93,60	0,3295	12	95,0	105,0	107,5	105,0	34,60	12
-120kg												
1.	Rigby Andy	20.03.63	ENG	110,80	0,3033	16	170,0	220,0	232,5	232,5	70,51	12

Team (points)

1.	England	12	[12]	70,51	IPF GL
2.	Canada	12	[12]	36,14	IPF GL
3.	India	12	[12]	34,60	IPF GL

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	IPF GL Points	C.Rnk
1.	Rigby Andy	England	110.80	232,5	70,5105	1
2.	Hrynkow David	Canada	65.40	82,5	36,1371	1
3.	Khatana Rajkumar	India	93.60	105,0	34,6015	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

CAN = Canada

ENG = England

IND = India

NI = Northern Ireland

RSA = South Africa

WAL = Wales